

SUFFOLK RECOVERY NETWORK



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We have three main hubs -

Ipswich, Bury St Edmunds and Lowestoft

We run a number of satellites across the county

We work in partnership with other agencies to make sure that our service supports individuals on their road to recovery.

We know that drug or alcohol misuse can affect all aspects of people's lives. Our integrated service with close community links offers support for those at a time that's right for them.

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POINT**
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SUFFOLK RECOVERY NETWORK



The integrated drug and
alcohol service for Suffolk.

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POINT**
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SUFFOLK RECOVERY NETWORK

- Group work sessions
- Recovery worker support
- Counselling
- Relapse prevention
- Peer mentors
- Substitute prescribing
- Mindfulness
- Harm reduction services
- Needle exchange
- Close partnership working with housing and employment services
- Dedicated youth service.



Your essential guide to our service

Turning Point has been running services for those with drug and alcohol issues for more than 50 years.

Our three main hubs in Bury St Edmunds, Ipswich and Lowestoft ensures that access to support for those that need it most is as easy as possible.

Each hub runs a welcome café – a time where individuals can come in and register, take control and begin their recovery.

WE HAVE A WIDE RANGE OF TREATMENT OPTIONS SO WE CAN TAILOR OUR SERVICE TO MEET YOUR NEEDS

VISIT THE WELLBEING CLOUD FOR MORE INFORMATION

Wellbeing.turning-point.co.uk/Suffolk

Practical support

Everyone we support has a dedicated recovery worker, someone who will help individuals find their own path to recovery.

Turning Point peer mentors are people who have gone through their own recovery journey and are on hand to provide support to individuals as and when they need it most.

Opening times

We are open 10am every morning and open until 8pm two nights of the week and Saturdays too. We also offer appointments to fit around individuals who may have other commitments, such as work.