

2018 Timetable

Grosvenor House Wakefield



	9-10am		10-11am		11-12pm		12-1pm		1-2pm		2-3pm		3-4pm		4-5pm		5-6pm		6-7pm		7-8pm					
	9am	9.30	10.00	10.30	11.00	11.30	12pm	12.30	1.00	1.30	2.00	2.30	3.00	3.30	4.00	4.30	5.00	5.30	6.00	6.30	7.00	7.30				
Monday	Closed		Closed				Closed		Needle Exchange & Drop in 1pm - 4pm						Closed											
Tuesday									Needle Exchange & Drop in 10am - 12pm				Needle Exchange & Drop in 1pm - 4pm													
									Reclaim Group 10am - 11.30am																	
Wednesday									Needle Exchange & Drop in 10am - 12pm				Needle Exchange & Drop in 1pm - 4pm													
									Introduction, Motivation & Pathways 1pm - 2pm		Recovery and Change group 2pm - 3pm															
Thursday	Alcohol & Wellbeing Group 10am - 11.30am		Closed				Needle Exchange & Drop in 1pm - 4pm						Closed		late Night service on the second and last Thursday of each month 5pm - 7.30pm											
							Knowing Drug treatment Group 1.15pm - 2pm		Introduction to Change Group 2pm-3pm		Alcohol / Substance Awareness Programmes (monthly, Closed Group- referrals via the Police) 3pm - 5pm															
Friday	Needle Exchange & Drop in 10am - 12pm				Needle Exchange & Drop in 1pm -3.30pm						closed															

Access to reception is closed between 9am and 9.30am / 12.30pm and 1pm / 4.30pm and 5pm but phone lines are manned during this time